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REFERENCE VERSION

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MEDITATIONS

By Marcus Aurelius

I learned from my grandfather, Verus, to use good manners, and to

put restraint on anger in the famous memory of my father. I had a had a modesty no. Does my mother. I learned to be pious and generous to keep myself not wholly from evil deeds, but even from evil thoughts to live with like simplicity, it is far from customary among the rich. I owe it to make quick grandfather. I did not attend public lectures and discussions, but had good able teachers, and i owe him also the knowledge that for things of this nature man should count no expense too great.

put restraint on anger. 2. In the famous memory of my father I had a

pattern of modesty and manliness. 3. Of my mother I learned to be

pious and generous; to keep myself not only from evil deeds, but even from evil thoughts; and to live with a simplicity which is far from

customary among the rich. 4. I owe it to my great-grandfather that I did not attend public lectures and discussions, but had good and able

teachers at home; and I owe him also the knowledge that for things of this nature a man should count no expense too great.

My tutor taught me not to favor either green or blue that the cherry creases you're in the contests of gladiators

to be a supporter either of light or heavy arms. He taught me also to endure labor not to need many things to serve myself without troubling others out to inter meddle in the affairs of others, not easily to listen to slanders against them of diagnosis. I had the lesson not to busy myself about vain things not to credit great professions of, such as pretend to work wonders or of sorcerers about their charms.

My tutor taught me not to favour either green or blue at the

chariot races, nor, in the contests of gladiators, to be a supporter

either of light or heavy armed. He taught me also to endure labour;

not to need many things; to serve myself without troubling others; not

to intermeddle in the affairs of others, and not easily to listen to

slanders against them.

Of Diognetus I had the lesson not to busy myself about vain things;

not to credit the great professions of such as pretend to work

wonders, or of sorcerers about their charms